FORTUNA SENIOR SCENE

Vol. XVII, No. 1

January - February 2020

END OF THE YEAR APPEAL LETTER UPDATE

Do to your generous support given to The Fortuna Senior Center, we have managed to raise more than \$5,000 during the end of the year campaign! Thank you all for your contributions. If you haven't contributed, but would like to, there is still time!

VETERANS DAY OPPORTUNITY DRAWING WINNERS

Tornado Dave's—Kevin Johnson Ivanhoe—John Taylor Double D Steak—Dennis Scott Springville Meats—Margie Pullen Renner Gas Card—Bernice Reynolds

THANK YOU TO ALL THE DONORS!

IF YOU WANT TO GIVE BACK, SUPPORT THEM BY VISITING THEIR BUSINESSES AND LETTING THEM KNOW YOU ARE A FSC MEMBER



THANK YOU to all of our VOLUNTEERS!

DO GOOD, FEEL GOOD!

Veterans Day

Marsha Hays Carol Kinser
Alice Herman Lou Eldrige
Neena Olson Jan Syvertson
Margaret Stockes Donna Fedderson
Joan Woodcock Chris Wennerholm
Wanda Rigby Val Vosburg

If you would like to volunteer, please come into the office or give Val a call (707) 726-9203

Bingo

Tom Trump
Darlene Mederios
Carolee Thrift
Pat Johnson
Neena Olson
Marsha Havs
Sue Trump
Diana McAllister
Sharon Rogers
Bob Johnson
Judy Ingram

Skating Rink

Marsha Hays Pat Johnson
Bob Johnson Donna Fedderson
Margaret Stockes Sally Dwelley
Chuck Dwelley Shawn Nichols
Jim Stanfield Carolee Thrift
Wanda Cope

Christmas Potluck

Alice Brown Bernice Reynolds Kent Wrede
Linda Wrede Marsha Hays Margaret Stockes
Lee McDowell Dick McDowell Bob Johnson
Pat Johnson Nola Sharp Vera Braud
Recorder Group (Apologies for not knowing all names!)
Thank you to everyone else who helped set-up and clean-up!

Vol. XVII, No. 1 January - February 2020

Senior Scene is a bimonthly publication of Fortuna Senior Center
P.O. Box 336
Fortuna CA 95540
2280 Newburg Road (707) 726-9203
admin@fortunasenior.org

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Newsletters available online at www.fortunasenior.org

Like Fortuna Senior Center on Facebook!!!

THIRD SUNDAY OF THE MONTH

100	-			
В	I	N	G	0
2	17	31	48	63
6	20	38	51	68
7	22	FREE	54	69
12	23	39	57	72
15	27	44	60	75

JANUARY 19 AND FEBRUARY 16

Doors open @ 4pm, bingo starts @ 5pm Cash pay-outs! Food available for purchase. Public 18+ are welcome! Come join the fun!

PLEASE NOTE:

January Bingo will still be at the MGC, 2280 Newburg Rd. If the move to the GLC occurs when expected, then February Bingo will be our first Bingo at the *NEW CENTER!* We will send out postcards to let everyone know of the change in address. If you don't hear from us by the 1st week of February, call us!

PRESIDENT'S THOUGHTS

Greetings!

It seems like we were just worrying about everything going awry when we turned into 2000 and here we are 20 years later!

This new decade looks to be an exciting time for us. We should be in the Gene Lucas Community Center in a month or so.

It will be a place for all of our seniors to congregate during the day. A place that we will be able to spend time with other folks, play cards and games, learn new skills and have a healthy lunch at a table with friends instead of eating alone.

Seniors will have more opportunities to volunteer for various positions. Please call the office @ 707 726-9203 to sign up for a position.

I thank all that make this a fantastic organization and wish everyone a healthy, happy 2020!

Marsha Hays

Pinochle Tournament Winners

November - High Score

Men: 1st Linda Wall Women: 1st Alice Brown
2nd Luis Ritchey 2nd Judy Roberts

December - Most Games Won

Men: 1st Luis Ritchey Women: 1st Margaret Stockes 2nd Dick Wall 2nd Toddy Shephard

The tournament is held on the **third Thursday** of each month, starting at **9am**. Everyone is welcome on Thursdays and Fridays. We also play *cribbage*. Come join us!

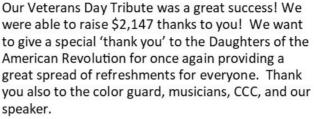
YOUR HELP IS GOLDEN!!!!!

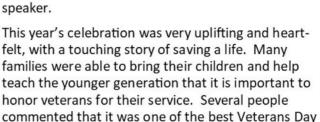
You can always help the Fortuna Senior Center by donating in memory of, giving tax-free directly from your IRA, donating a bequest, creating an endowment, or volunteering (your time is money).

The Mission of the Fortuna Senior Center is to

"Enrich, Empower, and Involve Boomers and Beyond of the Eel River Valley Area"







celebrations and everyone enjoyed themselves!



Open Mic took a break during Christmas season, but is up and running again! Come join us at the Monday Club on the 4th Sunday of the month from 2-4pm! Music, fun and refreshments for all!











This pinochle group is a hoot! They are always in the mood to celebrate and have a good time. We had the joy of laughing at these goofy outfits during Halloween and Christmas months! If you haven't come to check out cards and games on Thursdays and Fridays, you have NO IDEA how much fun you are missing out on! Hopefully the photos bring you joy.

This page of the Fortuna Senior Scene is designed to celebrate what we do here at the center. If you would like your activity featured, email Val at admin@fortunasenior.org or bring the information into the office at 2280 Newberg Rd. Thank you!

The Christmas potluck this year was packed, and a festive celebration was had by all! Our lovely recorder group surprised our members with some beautiful background Christmas music. Following, Nola Sharp led a sing-a-long with some Christmas Carols, full of magic and joy.







January

- 2 Jennie Canevari
- 4 Richard Rowley
- 6 Judy Richardson, Linda Wrede
- 7 Kay Dunnegan
- 8 Marilyn Forsell
- 9 Loretta Davidson
- 10 Naomi Johnson
- 11 Doris Cleaver, Pat Francesconi, Chet King, Olivia Lozano
- 13 Al Porter, Monte Taylor
- 14 Neal Kesterson
- 15 Sandie Marlow
- 16 Bernice Reynolds, Nadine Seiler
- 17 Erin Cooper, Christy Graham, Kenny Mahouski
- 20 Ellen Krohn, Colleen West
- 21 Pat Kiger, Alda Nordstrom
- 22 Evelyn Docili
- 24 Lynn McCracken
- 25 Patti Cady, Edith Dalton
- 26 Lily Ruth Davison
- 27 Mary Carroll, Marcia Maloy Kelley
- 28 Bobbie Crews, Helen Elliot
- 29 Bonnie Christiansen, Shirley Lipa, Joy Sinclair
- 30 Gladys Burres, Mary Lou Erickson, Debbie Krukanis

IN LOVING MEMORY

Lainie Lewis Allison Grundman Diana Mogel

If you have lost a loved one and would like to honor them, call Val at the office (707) 726-9203. Thank you.

February

- 1 Joyce Sousa
- 2 Shawn Nichols, Sharon Richmond
- 7 Jeanne Weiss
- 8 Judy Irvin, Bob Johnson, Bonnie Settle, Jeneane Wilsey
- 9 Alice Herman
- 10 Mary Barth, Helen Broadwater, Charles Giannini
- 11 Fannette Downey-Allman, Karen Marjoribanks, David Somerville, Kurt Weiss
- 12 Frances Henry, Ben Herman, Cheryl Pepper, John Schmidt, Richard Wall
- 13 Pat Ireland
- 15 Ward Mengel
- 16 Barbara Remington, Larry Rogers
- 18 Pamela Goodwin
- 19 Leon Comerer, Judy Ingraham, Deborah Scaife
- 20 Barbara Johnson, Margaret Koerschgen, Carol Rode
- 21 Meryl King
- 22 Lynn Crosthwait
- 23 Rick Center, Bob Wotherspoon
- 25 Linda Cyr, Deborah Prevost
- 26 Gerry Graves, Rosemarie Ulbrig
- 27 George Brito, Sharon Welton, Lee Woodcock
- 28 Judy Dresser

MAKING A DIFFERENCE

Do you order things from Amazon?

Well, go to <u>smile</u>. <u>Amazon</u>.com and, at the prompt, go to Fortuna Senior Services, Inc. under registered charities.

Amazon will donate 0.5% of vour order to us.



River Life Foundation is currently taking walks every Friday at 10 am. If you are interested in getting out and seeing the clean-up along the railroad from Redi-Rents to Palmer, then join them! Call Sean at (707) 362-9384.

HERE'S WHAT'S HAPPENING IN THE COMMUNITY!

Writers Group

Do you like to write a note to a friend, or a greeting on a Christmas card? Well you need to join the writers group. Any kind of writing qualifies, from poetry to memories. A sample follows:

When I was about 5, my aunt lived with us and I considered her my private property. A man started visiting her and I finally realized they were going to get married. I had a speech problem and couldn't say many words, so Uncle Harry would give me a quarter if I tried to say a word.

I found out he served in WWI and had lied about his age; he was only 15. I soon called him Nasty Filthy Harry, and instead of getting mad, he would just laugh. We finally formed a bond and he accepted my name for him. He never complained, whether he was talking about his time in the service, living in a nursing home, or putting up with a brat who called him Nasty, Filthy Harry.

Submitted by, Glenda Wilson

NOTE: When moving into the new center, we will be able to add activities. Glenda has offered to be the activity leader for a writing group. If you have any other ideas and would like to offer to be an activity leader, call Val and let her know! 726-9203

INFORMATION HOTLINE

Do you ever wonder how you might be able to get in touch with a lawyer? Or are you trying to find a new doctor? Or do you just want to find out about a new place to eat?

If you are ever in need of information, but not sure where to look, look no further! Humboldt County has an information hotline, simply dial 211 and they will provide you with phone numbers and/or addresses.

WE ARE IN THE PROCESS OF PREPARING OUR BOOKS FOR THE MOVE INTO THE NEW CENTER, SO PLEASE WAIT UNTIL AFTER WE MOVE TO BRING IN MORE BOOKS. THANK YOU SO VERY MUCH!

A Touch of Humor Goes a Long Way! Senior Scene jokes contributed by Linda Gaffin

- When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa," he advised, "mine says I'm 4 to 6!"
- 2) Why do grandparents smile all the time?... Because they have no idea what you're saying!
- 3) A 2nd grader came home from school and said to her grandma, "Grandma, guess what? We learned how to make babies today." Surprised, the grandma said, "That's interesting. How do you make babies?" "It's simple," replied the girl, "you just change the 'y' to an 'l' and add 'es'."



The center has been gifted **hearing aide batteries!** If you are in need, call or stop by the office and see if these batteries will work for you. We have plenty, so don't be shy!

VOLLEYBALL! - Are you over 50? Looking for a bit of exercise? Then join our group of co-ed volleyball players. We play each Saturday from 10:00am to Noon at the Fortuna High School. It's all for FUN and exercise. Call Dolly Lockett @ 725-3709 for more information.



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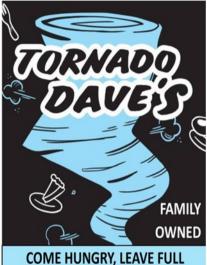
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Mon-Wed 9:00am - 5pm Thurs 9:30am - 5pm

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YOUR LOCAL BUSINESS AD HELPS FUND OUR NEWSLETTER - THANK YOU!

St. Joseph Pantry Shelf

IN NEED OF A VOLUNTEER
Back-up assistant

2292 Newburg Rd, Fortuna (707)725-1148

Katy Garrison, coordinator of the St. Joseph Pantry Shelf Program, is in need of help. She is looking for an assistant who is capable of helping with specific tasks, including: Food ordering, stocking, heavy lifting (up to 50 lbs. in order to move food boxes), and must be able to read & write English (as all food labels and directions are in English). Do you have these qualifications? HOURS ARE FLEXIBLE. Some benefits can be discussed. If you have it in your heart to help, call and leave a message for Katy!

DO YOU NEED HELP WITH TREE-WORK?

CONTACT:

Jesse Hastings @ 707 267-5949

15% Discount provided to Fortuna Senior Center Members



Tree Pruning: fruit & decorative (shaping - fruit production - thinning)
Tree Climbing: pine, fir, redwood (limbing - topping - felling)
Brush Removal & Log Bucking

St. Joseph's Pantry Shelf 2292 Newburg Road Fortuna, CA 95540

(707) 725-1148

THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEHAP) 2019 MAXIMUM HOUSEHOLD INCOME GUIDELINES:

Household Size:	Monthly Income:	Annual Income: \$18,735	
1	\$1,561.25		
2	\$2,113.75	\$25,365	
3	\$2,666.25	\$31,995	

If you fall below the maximum, you qualify for assistance. Bring I.D. to sign up.

Open 10 AM - 12 PM Every Mon., Wed., & Fri. (except Holidays)





If you are <u>50 or Older</u> or a person with a <u>Disability</u> you qualify for **TRANSPORTATION**

725-7625 \$2.50 one-way



WITHIN CITY LIMITS: Mon. - Fri., 8:30am - 4pm

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UPCOMING EVENTS AND OPPORTUNITIES!

AARP TAX SERVICES!

Tax season is upon us again, and believe it or not, people are already calling to sign up for their appointment. If you would like to utilize this service, call the office at 726-9203 to make your appointment. We will be asking, if possible, that paperwork be completed within the office the week before your appointment. If not, then we ask that you show up 10-15 minutes early to complete the paperwork, even if you have been in past years. We will begin calling past clients to make appointments for this year.

VOLUNTEER LUNCHEON!

Mark your calendars for the volunteer luncheon, February 15th @ 11 am. The Fortuna Senior Center will be providing lunch, including pulled pork & smoked chicken sandwiches, broccoli salad, and side dishes. Be sure to save room for dessert! We will also be presenting awards to the VOLUNTEER(S) OF THE YEAR, so come and help us celebrate and show our gratitude. It is our volunteers who enable our organization to flourish!

GOLF BALL DROP!

The golf ball drop is our biggest fundraiser to date! This year, we will have tickets available sooner so everyone can take the time to participate in selling the tickets, or in having enough time to plan your finances so you can have the opportunity to purchase that lucky ticket! We will be meeting for lunch in the spring, so if you are interested, call the office and let us know so we can include you in the reservation. Tickets will be available for purchase within the first week of February. Thank you for your help!

FUTURE VOLUNTEER OPPORTUNITIES on the HORIZON!

FINANCE COMMITTEE - If you have financial expertise, we could use your help in planning this next year!

RECEPTIONIST - When moving to the new building, we will need two receptionists per day for the front desk. Even if you have already told someone that you want to work the front desk, PLEASE CALL THE OFFICE AND CONFIRM. We have a general schedule, but need to make certain that no one has been left out. Thank you.

COOKIE PROVIDER - Neena Olson has brought cookies to our speaker meetings for 2 years now and is retiring from this position. Thank you Neena! If you would like to pick up this assignment, then please call the office at 726-9203 to let us know. It would be nice to have 2 people to share the responsibility.

WEEKLY EVENT CALENDAR

MONTHLY SOCIALS

2280 Newburg Road, MGC

Unless otherwise noted, activities are at the MGC

Monday

8:30am Walking Group, River Walk

9:00am *Tai Chi* 11:00am *Line Dance*

11:30am Exercise Group, Rio Dell Chamber Office

1:45pm Book Club (1st Monday)

3:30pm *Ukulele Group* 5:00pm *S.A.I.L. Exercise*

Tuesday

8:30am Walking Groups, River Walk & Rohner Park

1:30pm Senior Stitchers 2:00pm Seated Tai Chi 3:00pm Recorder Group

Wednesday

8:30am Walking Group, River Walk

11:30am Exercise Group, Rio Dell Chamber Office

Noon Senior Lunch Bunch (1st Wed.), call Chris

725-2020 or Carol 725-2931

1:00pm Tai Chi

5:00pm S.A.I.L. Exercise

Thursday

8:30am Walking Group, Rohner Park

9:00am Cards

1:00pm Mah Jongg 2:00pm Seated Tai Chi

3:00pm Bocce Ball, Rohner Park

Friday

9:00am *Biking Group*, call Chuck 725-5095 9:00am *Hiking Group*, call Lynn 725-7953

9:30am Cards & Games

11:30am Exercise Group, Rio Dell Chamber Office

2:00pm Scrabble Group

7:30pm Fortuna Camera Club (4th Fri.), Methodist

Saturday

11:00am Saturday Social Speaker/Potluck (3rd Sat.)

Sunday

4:00pm Bingo (3rd Sun.)

doors open @ 4pm Play begins @ 5pm

2:00pm Open Mic (4th Sun.), Monday Club

January 18th - Saturday Social: Speaker

11:00am Senior Center

Leanne Langston from A1AA will be talking about the Ombudsman program and advocating for seniors. Come with questions! Cookies and coffee will be served.

February 15th - Saturday Social: Potluck VOLUNTEER LUNCHEON!

11:00am Senior Center

The Fortuna Senior Center will be providing lunch for our volunteers and anyone who wants to come and celebrate with us! If transition to the new center happens on schedule, then we will be at 3000 Newburg Rd. for this event. We will send a postcard as the time approaches.

MINI-TRIPS

January 24—LOST COAST BREWERY!

Tour the brewery and learn about the process of making beer and hard cider, as well as bottling and distribution. Check out the merchandise too!

February 28—TO BE ANNOUNCED!

The initial tour location was unable to be secured, so our volunteer is looking for other options. When we know, we will let you know! We apologize for any inconvenience in this matter.

To make a reservation or for information, call the office at 726-9203. If you want to go on a Mini-Trip, you must have a medical form filled out and turned into the office by the Monday before the trip. Also, please let the tour leader know by the Thursday before the tour if you need to cancel.

Fortuna Senior Services, Inc. P.O. Box 336 Fortuna, CA 95540 PRSRTSTD U.S. POSTAGE PAID FORTUNA, CA PERMIT NO.57

Address Service Requested

MEMBERSHIP is open to everyone 50 and older, and residing in the Eel River Valley or the county.

ANNUAL SUGGESTED DONATION:

July 1, 2019 through June 30, 2020 (Please circle one.)

Life Membership \$1,000		Visionary \$500		Supporter \$250	Sponsor \$150
Friend	\$100	Couple	\$60	Individual \$36	Other \$(Please specify amount here
Name(s) (1) _				(2)	
Address				City/Zip	
Telephone				Email	
Birthdate (1) _				(2)	
() Tell me about volunteer opportunities				() Send announcements by email() Send the newsletter by email	

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