# FORTUNA SENIOR SCENE

Vol. XV, No. 4 July—August 2018

# ~~~~~ Open Mic Corner ~~~~~

No one seems to remember the exact date of the first Acoustic Open Mic Jamboree, but now that we are seniors, it doesn't seem to matter. Suffice it to say it was quite some time ago, and it is now woven into the fabric of our community.

Brainchild of Pat Green, Bob Besanceney made it happen. He managed and promoted it for a few years until Dick McDowell took it over about eight years ago, and what a great job he did! It has taken five volunteers to fill his shoes. Thankfully, we still have "The Cookie Ladies" making scrumptious sweets and beverages. By the way, what is in that punch everyone craves?



The Cookies Ladies Helen Broadwater, Donna Feddersen, Colleen West, and

The Open Mic Jamboree has history and stories to tell. Past well known performers have included Spanky MacFarland, Lindsey Battle, Falling Rock, and Michael McClimon. Ages of performers have ranged from 3 to 93. Instruments have included guitar, fiddle, stand-up bass, petal steel, harmonica, mandolin, accordion, kazoo, ukulele, trumpet, banjo, recorder, flute, Cajon drum, autoharp, and every style of music imaginable.

What is the magic that brings us back again and again? It is the music, a dance of love and support between the audience and performers. If you have not attended this event, give it a try! Soon you will be tapping your feet and singing along to old and new favorites. You will love Pete West's version of "Tennessee Waltz", Roger Vernon and Sara Brown, oh yeah, and those crazy Ukelaliens (emphasis on the aliens).

You have to hear our emcee, Nola Sharp, singing "Humboldt County Rain" as the audience sings out the chorus.

And if you are a musician, we want you!! How can so much fun fit into two hours?

We hope to see you at the Monday Club from 2-4pm on the fourth Sunday of the month, except the holiday months of November, December, and May. Open to all. Donations appreciated.

Hope to see you there!!



**Dick's Replacements** David Buescher, Nola Sharp, Jan Kelley, Colleen & Pete West



New Board of Directors Members for 2018-2019 Neena Olson, Kent Wrede, Marsha Hays and Wanda Rigby Congratulations!

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Fortuna Senior Center

P.O. Box 336

Fortuna CA 95540

2280 Newburg Road (707)726-9203

admin@fortunasenior.org

## **Board of Directors**

Larry Rogers

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Evy Colivas

Don Mederios

Wanda Rigby

Kent Wrede

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Jeff Nelson
Jon Sapper
Dennis Scott
Jeremy Stanfield
Tami Trent
Hec Wood
Den Sinter

Bob Zigler

## Executive Director-Naomi Johnson

Newsletter - Naomi Johnson

Membership - Diana LaVen, Pat Johnson

Newsletters available online at www.fortunasenior.org

Like Fortuna Senior Center on Facebook!!!

The Eel River Valley Multi-Generational Center in Fortuna is no longer a standalone nonprofit entity. Its programming will continue under the auspices

of the Mel & Grace McLean Foundation.

An Advisory Committee is working with the MGC programming staff to develop a plan for programs and activities.

(Times-Standard June 19, 2018)

### Fortuna Senior Center

# Golf Ball Fundraiser

## 1st Prize

Joan Woodcock
3" from Pin
Sold by Joan Woodcock

## 2nd Prize

Steve Garrison 6 1/2" from pin Sold by Carol Kinser

## 3rd Prize

Mary L. Greene 8" from pin Sold by Carol Kinser



Gary Markegard and Evvy Colivas

Thank you for your years of service on the Board of Directors!

## **IMPORTANT DATES**

Please join us and help plan our activities.

Oktoberfest Wed. 7/18 & 9/19 2:00-3:00 Board.

Mini-Trips Wed. **8/1** 2:00-3:00 Board.

Classes Wed. <u>8/1</u> 3:00-4:00 Board.

## **BINGO**

Sundays— July 15th & August 19th 4:00-8:00pm MGC

Cash pay-outs. Food available for purchase.

Members can bring guests.

Come join the fun!

## WEEKLY EVENT CALENDAR

Unless otherwise noted, activities are at the MGC

## Monday

8:30am Walking Group, River Walk

9:00am PE for Seniors, Methodist Church

9:00am Tai Chi

10:30am PE for Beginners, Methodist Church

11:00am Line Dance

12:00noon STRONG Exercise, Rio Dell Baptist Church

1:45pm Book Club (1st Monday)

3:30pm Ukulele Group

5:00pm S.A.I.L. Exercise

## Tuesday

8:30am Walking Groups, River Walk & Rohner Park

1:30pm Senior Stitchers

2:00pm Seated Tai Chi

3:00pm Recorder Group

## Wednesday

8:30am Walking Group, River Walk

9:00am PE for Seniors, Methodist Church

10:30am PE for Beginners, Methodist Church

12:00noon STRONG Exercise, Rio Dell Baptist Church

Noon Senior Lunch Bunch (1st Wed.), call Chris 725-2020 or Carol 725-2931

1:00pm Tai Chi

5:00pm S.A.I.L. Exercise

## Thursday

8:30am Walking Group, Rohner Park

9:00am Cards

## 9:30am Yoga for Seniors-

1:00pm Mah Jongg

2:00pm Seated Tai Chi

3:00pm Bocce Ball, Rohner Park

## Friday

9:00am Biking Group, call Chuck 725-5095

9:00am Hiking Group, call Lynn 725-7953

9:30am Cards & Games

12:00noon STRONG Exercise, Rio Dell Baptist Church

2:00pm Scrabble Group

7:30pm Fortuna Camera Club (last Fri.), Meth. Chur.

## Sunday

10:30am Qigong Class (\$10 instructor fee)

The Mission of Fortuna Senior Center is to

"Enrich, Empower, and Involve
Boomers and Beyond
of the Eel River Valley Area"

## **MONTHLY SOCIALS**

2280 Newburg Road, MGC

July—Saturday Social: NONE

## August 19—Saturday Social: Picnic

FSC will provide hamburgers & hotdogs. Last names beginning with S-Z, bring a dessert. Last names beginning with A-R, bring a side dish or salad.

12:30am Rohner Park



To make a reservation or for information, call the office at 726-9203. Please let us know by Thursday before the tour if you need to cancel.

July—NONE
August 24—Scrap Humboldt

# Yoga for Seniors

Join us for yoga and learn alignment to find greater ease and awareness in your body. Stretch and strengthen, improve your balance, and find new ways to release tension and relax.

"I love my yoga class with Laurie Birdsong. It has restored my strength and flexibility, and improved my balance and reflexes." EG

"I look forward to yoga every week. I know my joints are stronger and less painful." SD

"I want to keep in motion, as long as I can. Yoga helps" AN

## 2018-2019 Budget

## REVENUE

\$18,960 24% Membership dues

\$13,275 17% Donations: year-end appeal, Open Mic, exercise

\$28,100 35% Fundraising: Golf Ball, Octoberfest, opportunity drawings

\$19,157 24% Other: refunds, class registration, newsletter ads, grants, carry forward

\$79,492 Total

### EXPENSE

\$18,155 23% Programs: Open Mic, exercise, potlucks & speakers, classes, grants

\$16,562 21% Administration: phone/internet, postage, supplies, office rent (\$7,200)

\$25,625 32% Executive Director salary

\$13,950 18% Fundraising Expense: Golf Ball Drop, October fest, Year-End Appeal

6% Miscellaneous: volunteers, membership, taxes,

\$79,492 Total

Membership dues are not enough to keep our organization solvent. Your promotion, participation and support of our fundraisers, containers and donations will ensure our organization's success. If you have any questions, ask Naomi or a Board member.

# Happy 4th of July I

## Mini-Trip to Ferndale Repertory Theatre 2018



### Donors 2017-2018

## Platinum (\$1000 & above)

Rob and Jennie Canevari Foundation Laura Clark Frank and Wanda Cope Tom and Allison Grundman Ron and Judy Irvin Nancy Kirtley Larry and Sharon Rogers Francis Sweet Jan Syvertson

## Gold (\$500-\$999)

Vera Braud Dick and Lee McDowell Chris Wennerholm

## Silver (\$200-\$499)

Alice Brown Kim Browning and Shirley Russell Calvin and Darlene Calvert Chuck and Sally Dwelley Marsha Hays Gary and Marla Markegard Albert Miller Jim and Beverly Neal Dennis Scott Jim and Corinne Stanfield Kent and Linda Wrede

Copper (\$100-\$199) Jackie Appleton Lalia Blake Norma Bohrer Bea Bruno Anne Christen Joe and Diane Clem **Evvy Colivas** Jack and Barbara East Donna Feddersen Pat and Mary Greene Mary L. Greene **Dennis and Sherry Hazelton** John and Barbara Heile Lori Hendrick Naomi Johnson and Earl Jacobs Carol Kinser Barbara Kite Dorothey Lancaster Richard and Diana LaVen John and Denise Lea Joshua and Dolly Lockett **Donell McCanless** John and Diana Mogel Justin and Neena Olson **Bob and Dottie Riffenburg** Robert and Beverly Russell Pat Stolte

> Linda Treadwell Joan Woodcock

## VOLUNTEERS—Thank You!!!

## **Bingo**

Don Mederios
Marsha Hays
Diana McAllister
Dennis Doty
Margaret Stockes
Bob Johnson
Jim Dell'Era

Betty Mederios
Betty Mederios
Lou Eldrige
Sharon Rogers
Nora Doty
Pat Johnson
Bunny Anderson

If you would like to be a volunteer, call the office.



Mini-Trip to
SoulShine Art
in Eureka 2018



# **Community Center Update**

- DCI Builders of Ferndale are busy framing the new building. You should drive up Newburg Road and take a look; our wing is on the left.
- Estimated completion of our building is the summer of 2019

## MAKING A DIFFERENCE



## Lifetime Members

Our Lifetime Members group welcomed new members:

Laura Clark

## Francis Sweet

To become a Lifetime Member, you need to donate \$1000 during membership renewal, Annual Appeal, or at anytime. Thank you, Laura and Francis.

## **Pinochle Tournament Winners**

## May-high score

Men: 1st Leroy McCrigler Women: 1st Bette Mederios
2nd Jack Coleman 2nd Lois Trumbull

## June—most games won

Men: 1st Diana McAllister Women: 1st Pat Moe
2nd Fred Wechsel 2nd Judy Wechsel

The tournament is held on the third Thursday of each month, starting at 9am. We also play bridge and cribbage. Everyone is welcome on Thursdays and Fridays.

## FALL TRIPS

# Waitress the Musical October 19-21 OR November 10-12, 2018

Music and Lyrics by Sara Bareilles (grew up here)
Orchestra Seating, Chancellor Hotel

Fee: \$630/person double \$870/person single

# Reno - Great Italian Festival

October 5-7, 2018

Fee: \$410/person double \$530/person single



For Information: call Debbie at Dalianes Travel, 443-2778

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# **COMPUTER Tutoring**

Wednesdays, 3:30-5:30pm

Larry Rogers is available for appointments regarding computer questions.

Fee: half hour appt. \$5 Hour appt. \$10

Call the office to make an appointment: 726-9203

# BEVERAGE PLUS FOODS

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ww.fortunaoptometry.com 630 9TH STREET P.O. BOX 518 FORTUNA, CA 95540



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## DON BROWN, Agent

755 12th Street Fortuna, CA 95540-2148 Bus (707) 725-1135 Fax (707) 725-2611 Res (707) 725-2898 Toll-free (877) 837-0902 don.brown.b4ci@statefarm.com



# !!! HAPPY

# BIRTHDAY !!!

## July

- 2 Carol Colter, Diane Larkin
- 3 Dennis Doty, Mj Goble
- 4 Sharon Cox, Donna Feddersen, Dennis Sousa
- 5 Linette Bourassa, Dennis Lewis
- 6 Denise McClellan
- 7 Bill McBride, Chris Wennerholm
- 9 Carolyn Crnich, Wayne Deckert, Susan Nessen, Sue Snyder
- 10 Nancy Koeppel
- 11 Vincent Peloso
- 12 Karen Colby, Shirley Corwin
- 13 Alice Brown
- 15 Dale Cooley, Terry Emmons, Mardi Siekmann
- 16 Merryetta Fournier, Orval Garrison, Becky Murphy
- 17 John Gaffin
- 18 Diane Clem
- 19 Susann Dobson, Erin Dunn, Jim Neal, Pat Stolte
- 20 Betty Treder
- 21 Dottie Giacomini, Linda Schanze
- 22 Gail Sisson
- 23 Anne Christen, Mike Willis
- 24 John Koerschgen
- 25 Billie Boyett
- 27 Pat Arruda, Gene Elrod
- 28 Betty Freitas, Richard LaVen
- 29 Sharyn Lodes, Ernestine Porro
- 31 William Beck, Laura Clark, Ellen Emmons, Bob Rode



# August 1 Sandra

- 1 Sandra Hunsaker
- 3 John Mogel, Maryliz O'Connell, Neena Olson
- 4 Claudia Nelson, Judy Willis
- 5 Barbara Simmons, Estelle Trammell
- 6 Arlene Rose
- 7 Sandy Hansen, Beverly Russell
- 9 Don Loudon, Ken Rigby, JoAnne Taylor
- 11 Carolyn Kapus, Joshua Lockett
- 12 Doris Delong
- 14 Jacquie Davis, Linda Gillette, Melinda Nyberg
- 16 Bob Besanceney, Dean Glaser, Margret Gow, Karen Hall, Mary Rovai
- 17 Chuck Dwelley
- 20 Jorie Colwell
- 21 Molly Cate, Claudia Rogers, Norma Wynne
- 23 Lee Bartkowski, David Buescher, Dale Harris
- 24 Ann Benton, Johanna Rodoni
- 27 Gwenda Ashburn, Mercedes Crispin, Linda Crosby, Jim DeHaan, Linda Treadwell
- 28 Linda Brito
- 30 Nancy Burzo, Jim Stanfield, Ted Welton
- 31 Geraldine Glaser



